NORTHEAST ALABAMA AREA OF NARCOTICS ANONYMOUS (NEAANA)

Minutes from the Area Service Committee (ASC) meeting held on: December 14, 2014 in Rainbow City, Al.

Nick W opened the meeting with a moment of silence and the "We" version of the Serenity Prayer.

Jeri A. read the Area Purpose
Sherry T read the 12 Traditions of NA
Jason K read the 12 Concepts of NA
Nick W read the Service Prayer

Roll Call:

NEAANA POSITIONS	Held By:	Phone Number	Dec 2014
Area Chair	Nick W	256-996-6761	<u>Present</u>
Vice Chair	Open		<u>Vacant</u>
Treasurer	Frank F		<u>Present</u>
Alt Treasurer	Ladd G		Absent
Secretary	Jeri A		<u>Present</u>
Alt Secretary	Vacant		<u>Vacant</u>
PI Chair	Kyndi	256-605-4732	<u>Present</u>
H&I Chair	Jason K	256-293-7579	<u>Present</u>
Outreach Chair	Jake B		<u>Present</u>
Literature Chair	Alicia		<u>Present</u>
RCM	Vacant		<u>Vacant</u>
RCM-A	Vacant		<u>Vacant</u>

-

Groups:

NEAANA GROUPS	CITY	GSR	PHONE NUMBER	Dec 2014
Acceptance	Henagar			Present
Active Change	Rainsville	Christy C.	256-388-9922	Present
Breaking Free	Boaz	Nicole W		Present
Courage to Change	Anniston	Ladd		Present
Freedom	Albertville	Rickey D		Present
Gift of Desperation	Gadsden	Jake B		Present
Help in Progress	Oxford			Temp closed
Section Serenity	Section			Present
Shot of Serenity	Rainbow City	David W.	256-295-0060	Present
Stepping Up	Jacksonville	Keith P.	256-283-0979	Absent
				_

RECOGNITION OF NEW GROUPS: No new groups

OPEN FORUM: A thank you was given to all those who attended and / or participated in the Area Service day @ CTC

There was a T-shirt donated by the firehouse. It was available to anybody that wanted it. It was given to a recovering addict.

SECRETARY REPORT: Jeri A read over old business

TREASURER REPORT: See attached

RCM REPORT: None However chair and secretary brought the report emailed out after region. Went over motions and nominations under regional/new business.

PI REPORT: Kyndi W - See attached

WEBMASTER REPORT: Christy C. see attached

H&I REPORT: Jason K. See attached

LITERATURE REPORT: see attached

OUTREACH REPORT: Jake B (See attached)

BREAK:

GROUP REPORTS:

Acceptance - GSR position vacant report given by Sherry (See attached)

Active Change – Christy C. (Mike E gave report)- GSR (See attached)

Breaking Free – Nicole W - GSR (See attached)

CTC - Ladd G sent report - GSR (See attached)

Freedom – Whitney (alt) - GSR (See attached)

Gift of Desperation - Jason K - GSR (See attached)

HIP - Traci P. - GSR (See attached)

Section Serenity - David - GSR (See attached)

SOS - David W. - GSR (See attached)

Stepping Up- Billy M absent

AREA OPEN POSITIONS, NOMINATIONS & ELECTIONS: All regional nominations passed.

Open positions at Area are as follows:

- Alt Secretary minimum requirement 2 years clean time
- RCM- minimum requirement 3 years clean time
- Alt RCM minimum requirement 2 years clean time Sub Committee open positions are:
- Outreach
- H&I –alt chair
- PI

OLD BUSINESS: Proposal by breaking free to send 10% of balance every month to the region.

*****we ended up with an amended proposal that has been sent back to groups to vote on(see attached)

NEW BUSINESS: Amended proposal made by Breaking free to send 10% every 3 months to region*******sent back to groups******(proposal attached)

INTENT: to be consistent and prudent with funds in accordance with the 11th concept.

REGIONAL PROPOSALS AND NOMINATIONS: SENT IN SEPARATE EMAIL ***IF YOU DIDN'T GET IT LMK

RECURRING MONTHLY EXPENSES: SEE ATTACHED BUDGET PROPOSALS

BUDGET PROPOSALS see attached

ANNOUNCEMENTS

Gift of Desperation requests support, they meet @ 7pm on Fri

Acceptance Group needs support M-W-F @ 6pm Henegar Al

Area car pool to Acceptance group on 1/7 meet at the meeting

Open Fourm:

Jake B and Jeri A will put together a workshop on Consensus based decision making (CBDM) Treasurer advised not enough to pay monthly expenses, passed the hat and got everything covered.

Next Area Service Committee (ASC) meeting will be on: 1/11/15

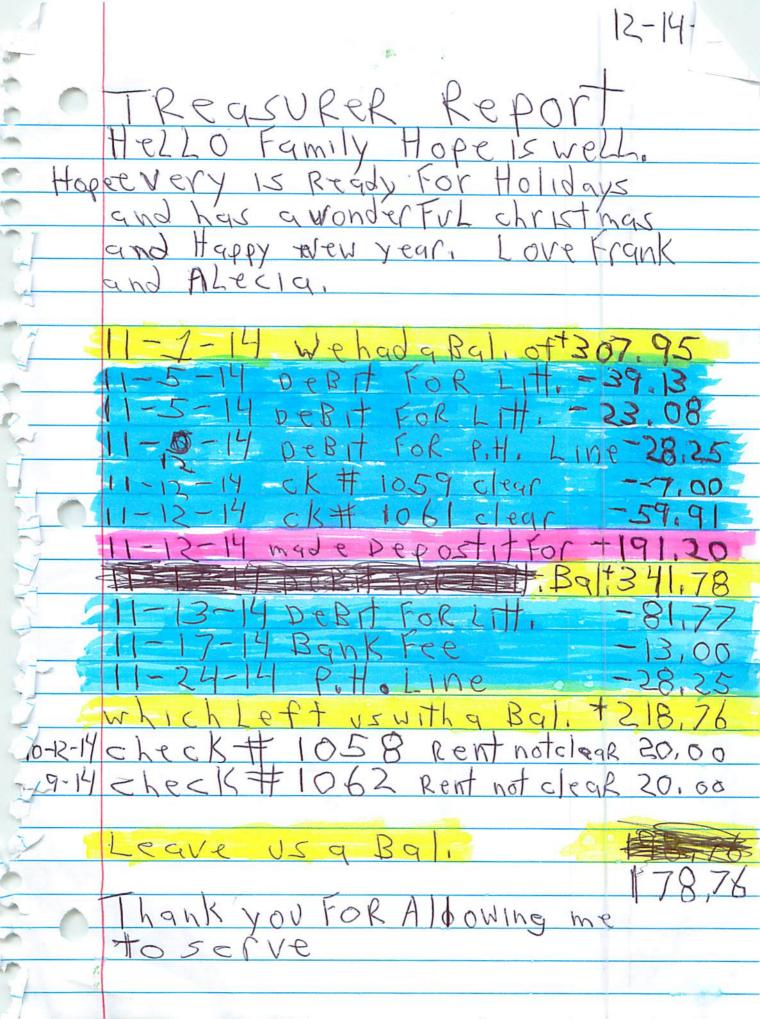
Times for sub-committee meetings are as follows:

12:00pm Outreach

12:30pm Public Information (PI)
01:30pm Hospitals & Institutions (H&I)

02:00pm Group Service Representatives (GSR) Orientation

03:00pm NEAANA Area Service Committee (ASC)



Hello ASC!

I'm Kyndi and I'm an Addict. PI has been very productive this month. The phone line reported taking in 69 calls for a total of 139 min. NEAANA paid \$28,25 for this service. We successfully Carried out Two Flyer days with a total of 500 Flyers being distributed into the Gadsden and Rainsville areas. Yesterday 12/13/14 Public Information participated in the Orientation/Workhop day @ CTC With a Phone line orientation. Sherry T. your Meeting Schedule Coordinator has 55 meeting schedules and we request that she be reimbursed \$10.80. I have had several NA members, and Some GS Rss request more schoolules So next month we are going to double up and print around 100 schedules. If anyone has a problem with this, or has a better solution, please let me know. Our webmaster Christy C. Paid our domain renewal and requests reimbursement for # 19.95

The invoice is attached to the webmasters report.

I need a male and a female Volunteer for the secondary position on the phone line...

male: Jeff. H. Female: Sonja M.

I wanted to send out a big Thank you to everyone who participated in Any activity and/or Service this month.

In Lourng Service, Kyndi W.



(800) 998-7087 fax: (858) 777-9888 support@phone.com

Invoice Date: 11/20/2014

Invoice: #6903274 Account: neaana

> NARCOTICS ANONYMOUS ATTN: KYNDI WILSON 283 FORD RD HOKES BLUFF, AL 35903 UNITED STATES

Billing Summary	
Previous Balance	\$28.25
Payments	-\$28.25
Balance	\$0.00
Adjustments	\$0.00
Charges	\$28.25
Amount Due	\$28.25
Payment Due Date	On Receipt

A late fee of \$5.00 will be assessed if payment is not received by 12/20/2014.

Please see additional pages for billing detail.

Phone.com News!

Panasonic Cordless Phones

2.1" LCD with white backlight

Wall mountable base station

 Support for up to 6 handsets (base includes 1)

Add a new Panasonic cordless phone to your account in your control panel.



Text Voicemail (Transcription)



UNLIMITED voicemail transcriptions. Read your voicemail in your email inbox.

Go to extension general settings to activate.

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@phonedotcom

Please detach and return this portion with your payment. Keep upper portion for your records.

PLEASE DO NOT SEND CASH

TO PAY BY CREDIT CARD:

- Logon to http://www.phone.com/
- Choose "Payment" from the My Account tab.
- We accept Visa, MasterCard, American Express, and Discover.

TO PAY BY CHECK OR MONEY ORDER:

- Payments must be in U.S. dollars, drawn on a U.S. bank.
- Enclose this bottom portion with your payment.
- Make checks payable to:

Phone.com Payment Processing Center PO BOX 1808 Poway, CA 92074-1808

NARCOTICS ANONYMOUS

ATTN: KYNDI WILSON

283 FORD RD

HOKES BLUFF, AL 35903

UNITED STATES

Account: neaana Amount Due: \$28.25 Invoice #: 6903274 Payment Due Date: On Receipt Billing Date: 11/20/2014

Amount Enclosed: \$

Thank You - We Appreciate Your Business!

Previous balance		\$28.2
ayments		Total: -\$28.2
)/21/2014 Electronic	check payment received: 7868	-\$28.2
Adjustments o adjustments have been	n made this period.	Total: \$0.0
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o adjustments have been		Total: \$0.0 Total: \$28.2
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Total: \$28.25

End of Invoice

Amount due

My Account

Configure

Call Info

Support

Select default extension ?

Call Logs Date Range Billing Date Number Usage **Billing Summary** Extension Usage **Billing Dates:** Total Minutes Used: 139 Total Additional Cost: \$0.100 # of Calls Minutes Cost # of Calls Minutes List Calls Included Minutes: 69 139 N/A \$0.000 Payphone Surcharges: Unlimited Minutes: N/A Canada Toll-free surchages: 1 \$0,100 Domestic Overage Minutes: \$0.000 ☐ Inbound Calls International: \$0.000 Outbound Calls *Times displayed are in the (-0800) America/Los_Angeles timezone ☐ Inbound Faxes Search Results Outbound Faxes Download results as a CSV: 🔠 ☐ International Calls page 1 of 2 12 > Filter by number: Caller Callen Action Date Mins Cost 12/14/2014 (347) 785-7274 (800) 230-5109 Included 0 Menu Item 01:21 AM 12/13/2014 (800) 230-5109 (520) 445-4639 Included 0 Menu Item 04:25 PM ☐ Show Caller ID Name 12/13/2014 Forwarded to (256) 405-5641 (800) 230-5109 Included 0 Number (256) 293-7579 01:33 PM Forwarded to 12/13/2014 (256) 613-8647 (800) 230-5109 0 All Numbers Included (256) 293-7579 11:24 AM (800) 230-5109 12/13/2014 Menu: Main (256) 605-4732 (800) 230-5109 0 Included Forwarded to 12/13/2014 (256) 996-4020 Extension (800) 230-5109 Included 0 (256) 400-8900 11:16 AM ☑ All Extensions Forwarded to 12/13/2014 (706) 305-7718 (800) 230-5109 Included 0 (256) 960-6201 ☐ NA Greeting (500) Voicemail to 12/13/2014 (706) 305-7718 (800) 230-5109 Included 0 ☐ Men (501) 10:23 AM Women 12/13/2014 (716) 748-7964 (800) 230-5109 Menu Item Included 0 List Calls 09:14 AM 12/13/2014 Forwarded to (256) 599-8705 (800) 230-5109 Included 0 (256) 400-8900 08:58 AM 12/13/2014 Menu: Main (909) 877-5192 (800) 230-5109 0 Included Menu 12:04 AM 12/12/2014 (347) 692-8673 (800) 230-5109 Menu Item 0 Included 08:30 AM 12/12/2014 (413) 357-5593 (800) 230-5109 Menu Item Included 0 06:02 AM Menu: Main 12/12/2014 (212) 470-3747 (800) 230-5109 Included 0 Menu 05:02 AM 12/11/2014 (724) 264-3531 (800) 230-5109 Menu Item Included 0 08:17 PM 12/11/2014 (432) 271-4693 (800) 230-5109 Menu Item Included 0 06:29 PM 12/11/2014 (718) 947-6054 (800) 230-5109 0 Menu Item Included 09:06 AM

(415) 209-6565 (800) 230-5109 Menu Item

12/11/2014

07:44 AM

Included

0

>	(917) 300-9802	(800) 230-5109	Menu Item	12/11/2014 07:37 AM	2	Included		Q.
>	(714) 809-0458	(800) 230-5109	Played Greeting: NA Greeting	12/11/2014 06:56 AM	1	Included		0,
>	(914) 205-8617	(800) 230-5109	Menu Item	12/11/2014 05:30 AM	2	Included		0
1	(905) 816-9810	(800) 230-5109	Menu Item	12/11/2014 03:57 AM	2	\$0.100		0,
1	(631) 595-5840	(800) 230-5109	Menu Item	12/10/2014 11:16 PM	2	Included		0,
9	(313) 451-0577	(800) 230-5109	Menu Item	12/10/2014 11:22 AM	2	Included		0
S	(765) 744-9376	(800) 230-5109	Voicemail Received from (765) 744-9376	12/10/2014 10:53 AM	3	Included		0,
>	(801) 666-2365	(800) 230-5109	Menu Item	12/10/2014 09:54 AM	2	Included		Q
>	(205) 936-6986	(800) 230-5109	Forwarded to (256) 400-8900	12/10/2014 07:12 AM	2	Included		0
3	(248) 629-0330	(800) 230-5109	Menu Item	12/10/2014 06:35 AM	2	Included		0
1	(646) 606-8442	(800) 230-5109	Menu Item	12/10/2014 01:12 AM	2	Included		0
>	(432) 558-5107	(800) 230-5109	Menu Item	12/09/2014 09:27 PM	2	Included		Q.
1	(347) 792-1019	(800) 230-5109	Menu Item	12/09/2014 06:14 PM	2	Included		0
1	(650) 204-9011	(800) 230-5109	Menu Item	12/09/2014 05:01 PM	2	Included		0
[%]	(801) 742-8365	(800) 230-5109	Menu Item	12/08/2014 11:10 PM	2	Included		Q.
>	(347) 832-3074	(800) 230-5109	Menu Item	12/08/2014 10:15 PM	2	Included		Q,
1	(267) 485-3017	(800) 230-5109	Menu Item	12/08/2014 01:14 PM	2	Included		Q,
1	(256) 706-1658	(800) 230-5109	Forwarded to (256) 960-6201	12/08/2014 11:08 AM	2	Included		0
1	(415) 940-7257	(800) 230-5109	Menu Item	12/06/2014 11:47 PM	2	Included		0
>	(415) 878-3810	(800) 230-5109	Menu Item	12/06/2014 11:31 PM	2	Included		0
1	(256) 630-9353	(800) 230-5109	Menu: Main Menu	12/06/2014 06:18 PM	1	Included		0
1	(707) 721-3435	(800) 230-5109	Menu Item	12/06/2014 05:50 PM	2	Included		Q
>	(810) 605-7679	(800) 230-5109	Menu Item	12/06/2014 02:38 PM	2	Included		Q
1	(417) 717-1556	(800) 230-5109	Menu Item	12/05/2014 05:08 PM	2	Included	Ī	0
1	(516) 554-0387	(800) 230-5109	Menu Item	12/05/2014 01:30 AM	2	Included		0,
1	(703) 382-0141	(800) 230-5109	Menu Item	12/04/2014 10:40 PM	2	Included		0
9	(646) 727-0103	(800) 230-5109	Menu Item	12/04/2014 10:42 AM	2	Included		0
>	(917) 336-8711	(800) 230-5109	Menu Item	12/04/2014 09:34 AM	2	Included		0
>	(347) 304-5026	(800) 230-5109	Menu Item	12/04/2014 08:04 AM	2	Included		0,
>	(256) 390-4424	(800) 230-5109	Forwarded to (256) 960-6201	12/04/2014 06:50 AM	1	Included		0
	(218) 296-9359	(800) 230-5109	Menu Item		2	Included	Ī	

1

(240) 270-5497 (800) 230-5109 Menu Item

12/03/2014 05:02 PM

12/03/2014 07:06 PM

2 Included

0

0

Total calls: 69

Total Minutes: 139

\$0.100

page 1 of 2 1 2 >

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Meeting Schedule Coordinator Report 12-14-14 Hello, my name is Sherry T. and
I am an addict. I would
like to thank you for allowing
me to serve. It have 55
double sided meeting scholules
for distribution. I will make
a proposal for #10.80 reinbrussement
for their cost.

SHIFT LOG FOR PHONELINE CALLS

Date:	Day of We	ek:	_
Time called	Who called	How was the	caller served
2-13 558 pm 2-13 1:20 pm	Make Make	mtg locations	Annisten Section
2-13 11-20 pm	Male Male	mtg location	Mobile from Sot

Phone Line

Nov 22nd Received call from female requesting info about a meeting in Decatur area, gave her North Area phone line and region website.

Call received nov 24th female caller requesting information about the difference between open and closed meetings.

Call received during the Auburn/ Sanford game Male caller looking for a group in the Alberville area. Gave him Info for Freedom and Breaking free.

In loving Service,

YndiW.

Returned a voicemail on Dec. 10th Female caller looking for a meeting in marshal county for her husband. Gave her info for Breaking Free and Freedom. Also, gave her North Area's phone line and Region Website

December 14, 2014

I'm Christy and I am an addict. The website has been updated according to the changes submitted by the groups and our ASC last month. The meeting schedule coordinator did not receive any changes from any groups since our last ASC. On December 12th the domain expired so I renewed it at a cost of \$19.95 and am asking the area to be reimbursed. During the month of November we have had 244 hits on the home page, 25 hits on the area events page, 5 hits on the for our members page, 20 hits on the information for the public page, and 219 hits on the meeting schedules page.

Thank you for allowing me to be your webmaster.

Christy C.

dec. Hand I report My name is jason in an addict. This month on in HET all Two panel leaders werent present one let me know they weren't going to be here. All our facilities, are functioning very well with just normal hiccups. On 12-13-14 our HEI greentation went very well with plenty orientated Like to thank CTC for letting us use there facility sold. I we gave my In loving service

Hello ASC In John and In an addit. Thous you for alongs me to some. In the last south we facilitated a group inventory of We also did and restreet workshop at the che group in our over orientation, pribilizar sul lin settimentus Hentisting on one wife, congeol. Jon 7, We will be motion at the Walmost on they TI of 4:00 Rm, heading to the overgance group, who has requested supported. All residere of jouraties frommouthage invited and encouraged to come one and help support outreach lave wilcomed and we are here to some the one. And in march our outroad secretary turn is up in notice - in In boing service John V.



GSR REPORT Accestance	Group	GROUP
Hencegar, AL		

NEAANA Service Committee Meeting December 14, 2014.

TRUSTED SERVANTS:

TRUSTED SERVANTS:	TREA	SURER'S RE	DODT.
GSR Shury T.			121.14
ALT GSR Vacant	Credits	1	371.00
SEC Lome K.	TOTAL	L	49a.14
ALT SEC Vacant	Debits		293.68
TREAS Mem	Ending	Balance	198.46
ALT TREAS Vacant			
Meeting Schedule Changes & Special I Meetings still Monday Widy for Sadd Surings as all Heat 10% of slach mont for almoster to hegien:	esday & Frida Ernate H&I Wy anding Da	Jane V	Lonsusus and agreed Oppolopriate
We will donate \$ 5 to NEAAN	A this month.		
Average Attendance was approximatel	y <u>7</u> per mee	ting.	
Topics for the month have been	covery Relat	ed	
Old Business: Keep Supplies & I	it. Checked	and rep	lenish as
New Business: Get together & tr	avel to Den)	years ei	le sunt.

Active Change GSR Report

12-07-14

I'm an addict name Mike

We began our group conscious by studying the 8th Concept. We are still effectively carrying the message and our format creates an atmosphere of recovery that we all need to feel safe so that we can share openly and honestly. We started with \$72, paid \$50 rent and donating \$22 to the ASC, leaving the group with a 0 balance. Our meeting attendance dropped to approx 12 addicts per meeting. We have a good relationship with the facility and the community. Chrissy E is the hugger this month and Phil G from Georgia will be speaking on December 28th. The group said no to the 10% monthly donation to Region and ask that the proposal be amended to donate 10% every 3rd month to be consistent and fulfill 7th Tradition and 11th Concept. Thanks for allowing me to serve.

Mike E

Messes, my names Dicde and
Im an addict.
Cy Breaking Free's Business,
Messing we had a BB of 32759
57° in The Tradition Donations
Cond on EB of 79.59. Cyplex paying
rent we care doncating 25° looked
ASC. In Elections, we colocid
Gream as any new LitChairs
We bere submitting 3 doubs
To PT for a Plyer Days: 217; 212; 2128
Om 12/23, wile will have
a Cophie Exchange beginning
a lipm began the pm

In Loving Servico,

P.S. Breaking Free agreed to go over to pts a next business recaling a we care all in agreement all 10% PSC Cunds bound donated to PSC, to support Jund 2000.

Adendum: Whitney, Freedom Group, to took to Group about Combing wil BF Con alexand Day - Day - Days head Itel next ASC.



GSR REPORT		
CTC	GROUP	
Value of the second of the sec		

NEAANA Service Committee Meeting		•
TRUSTED SERVANTS:	TREASURER'S RI	EPORT:
GSR LADD G.	Beginning Balance	
ALT GSR JEFFH.	Credits	
SEC TINA B.	TOTAL	***************************************
ALT SEC OPEN	Debits	•
TREAS PHILLIP Y.	Ending Balance	less than \$ 2000
ALT TREAS WILLY S.		
	30	
Meeting Schedule Changes & Special Notes to Are	ea:	
We will donate \$to NEAANA this mont	th.	
Average Attendance was approximately 35-40	per meeting.	
Topics for the month have been recovery rel	akd	
Old Business: THANKS61VING / FUNDRAISER		
New Business: CHRISTMAS 4 New YEAR	Open House	

Hello Family,

I am Whitney and I am an addict. Due to sickness in our group and other situations, we have been unable to hold an official buisness meeting or provide as report for this month.

Despite the current issues we have been facing, we believe it is important to have our group represented at AREA. We hope to be back next month with better news and hopefully information on some of our up coming events.

In loving service, Richey D. + Whitney R.

(Freedom Group)

Hello ASC

G.O.D.

In take and In an addid. Its a good day to be dean and of service. The last month we have had some really good recting. The atmosphere of recovery as present cand our member seem may dedicated to the goodwill of each other and because of that the atmosphere is growing atmonger. At our group consience we studied the 9 mth concept, overything was smooth and productive. We are gold the regional Lonations change in policy. One we would also like to ash the PT sub-committee and webmarter to remove the DNS. (Does not sign) of our group information on necting schedules and Judite We would like to thank the PI sub-committee for the flugs day, and other members who showed up to tolp. I was fun an tel glat this to bous oil belo let - On community how that Nacation Dronymous is in existence in the Godsden great We took in 47 dollars, poid sent and ask a sistema of the beneavour renters and the remaining Tolkers By pariled 3 quille to Lead sources. So no donation. On we love our new format. In Loving Service



GSR REPORT

Section Serenity GROUP

NEAANA Service Committee Meeting ______.

TRUSTED SERVANTS:		
GSR	DAUAD	
ALT GSR	MACK	
SEC	Summ	
ALT SEC		
TREAS	Sonja	
ALT TREAS		

TREASURER'S REPORT:		
157.00		
140,00		
29700		
- 70,00		
23700		
327.00		

Meeting Schedule Changes & Special Notes to Area:
NO 88 Speaker meeting For Dec.
wasday Nite Some From another group Share
DO CICL S SLOW DOOR
Business meeting 1º Saturday
We will donate \$ to NEAANA this month.
Average Attendance was approximately 9 per meeting.
Topics for the month have been Book Stinds How & why
Old Business:
New Business:



GSR REPORT	
SOS Duras	GROUP
1118 Forcest Ave Galadea	16

NEAANA Service Committee Meeting	anh., 2.014	•
TRUSTED SERVANTS:	TREASURER'S REPORT:	
GSR Daved W.	Beginning Balance	\$ 66.22
ALT GSR Jane A	Credits	175.32
SEC Clark Cl	TOTAL	341,54
ALT SEC Dand &	Debits	187.00
TREAS Elyal B	Ending Balance	\$5400
ALT TREAS Jan M		
We will donate \$() to NEAANA this i	month	
Average Attendance was approximately 10-	15 per meeting.	Russey
Old Business: Joshing for mother plans	alle for for	il let.
New Business: aldering on 10% to Norgans open Them 4 pm - and of	Degran, Chrotone meeting	1 1 and

PROPOSAL FORM

_	11	OI USAL FU	JKIVI .		
Proposal #:	4 Dat	e:_12-14-14	Made By:	Active	Chang
Proposal:	to amend % be donated very third mo	Breaking last mant monthly to	the proportion to month of region	Sat Jonate Jional Sa	<u> </u>
Intent: to	be consis		Prudent Concept	with	
Discussion					
Final Proposal					
Consensus Other" Note:	Failure Re	efer to Groups	Refer for Clarification	Other	

BUDGET PROPOSAL FORM

roposal #:	Date: <u>/d-</u>		Made by: Sherry Meeting Schedule	Cood tun
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Ecommerce LLC
Tax ID 27-366-6975
Phone +1-614-534-1961, Outside US: +1 614 534 1961
Address 1774 Dividend Drive, Columbus, OH, 43228

Product Invoice

Christy Champion

Charges History Creation Date: Dec-12-2014

Email: christy@mbsolutions.org

Product: neaana.com, ID #864848

Phone Number: +1 256 431 3255

Billing Period: Annual

Exp. Date: Dec-12-2015

Fax Number:

Billing Profile: neanna

Address: 1446 Sutton Bridge Road, Rainbow City, Alabama 35906, United States

Dec-12-2014

Renewal of neaana.com for 1 YEAR(s) (Dec-12-2014 / Dec-12-2015)

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\$19.95 USD

Dec-12-2014

Charge to Credit Card VISA #xxxxxxxxxx7846 Exp. 08/2015

Total Amount: \$0.00 USD

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NA Outreach Service Bulletin #1

WHAT IS OUTREACH

Most dictionary definitions of "outreach" describe it as: to reach beyond, to surpass. In Narcotics Anonymous, we use the term to describe an array of services designed specifically to insure that any NA member, group, or meeting can participate in the NA service structure and receive services they so desire. The goals of outreach service are to assist groups in solving problems that may impede their growth or threaten their survival and to help groups overcome many kinds of isolation by encouraging increased knowledge, contact and exposure to NA as a whole and to the NA service structure. The fundamental approach in outreach efforts often described as support services for groups and service committees, is helping groups and committees to help themselves. In may ways, this really is reaching beyond or surpassing our normal or routine service efforts.

Outreach service is meant to complement rather than duplicate the activities of any existing service committee, board or the USSC. Many of our service committees, to be effective, must prioritize the nature and schedule for delivery of their services due to the limits imposed by available human and financial resources. Sometimes this results in a lack of basic communication and support to NA members and groups. Formalized outreach subcommittees appear around our fellowship because they provide a systematic approach for one group of addicts to help another by serving their basic needs.

The activities of existing outreach subcommittees vary widely, each one tailored to the needs of those it serves. There are, however, common themes and tasks shared by many who participate in outreach efforts. Describing what outreach subcommittees do may be the best way to define outreach. While none do all, most outreach subcommittees do perform some of the following functions:

- Provide a direct line-of-communication to isolated members and groups, in and out of institutions,
- Present or take part in activities designed to bring isolated members and groups together with each other and the NA community,
- Conduct workshops on group level service, provide orientation sessions for GSRs, and develop GSR information packets,
- Conduct outreach workshops at learning events,
- Facilitating, encouraging and improving GSR attendance at area meeting,
- Assisting groups in need of support and group trusted servants,

- Helping to register groups with service committees and the USSC.
- Compiling or advising in the compilation of meeting schedules,
- Developing or maintaining an informative map of service boundaries
- Encouraging members to be involved in NA Service,
- Helping members and groups to learn about ordering literature and receiving NA publications,
- Facilitation the development and availability of simplified service materials,
- Helping groups to provide for members with additional needs.

For discussion purposes, we general categories of outreach community, and institutional.

Extended Outreach

Extended outreach efforts focus on communication as a way to minimize the isolation created by geographical, language and cultural barriers. The main objective is to bring isolated members or groups together with other parts of NA. These services can include; facilitation correspondence, coordination of long distance travels to support groups, maintaining conduct information files, helping plan activities for those who could not otherwise come together, and collecting information for outreach newsletters.

Community Outreach

Whether in an emerging NA community or an established urban setting, fellowship development seems to follow a very similar process. Often, alternating spurts of growth followed by plateaus characterized development process. In many cities or communities where NA already exists, some type of service structures has been developed to meet local needs. In these situations, it is fairly common to find NA members or outreach subcommittees providing support services to the existing NA communities in countryside, suburban and/or metropolitan settings. The focus in this setting is on participation. Assisting groups in need of support, helping GSRs to attend area meetings, helping groups to become re-involved in the local service structure, and helping groups to register are the primary functions of community oriented outreach subcommittees.

Institutional Outreach

Institutional outreach efforts, designed to allow groups in institutions to participate in the service structure, can include personal contact, correspondence, newsletters, and literature mailings. These services are directed at NA meetings that are not H&I panels, yet have been started in institutions, long-term facilities, prisons, state hospitals, military bases, and nursing homes. These meetings and groups spring up from a variety of sources.

Often, NA is not available at all until our hospital and institutions committees conduct a series of panel presentations. Sometime later, staff professionals, patients, or inmates start an NA meeting. Sometimes, meetings in an institutional setting result from one or more recovering addicts becoming incarcerated. Also, professionals who have learned about NA through our public information efforts start NA groups in various settings. Regardless of how they came to exist, these NA meetings can easily become isolated from other NA groups, and service committees. Sometimes the only link to NA fro a group in one of these facilities is contact with an outreach subcommittee or registration with the World Service Office.

Some NA communities have used outreach services for many years, and some are just now considering the idea. To the struggling group or the isolated member, it is often outreach services that rekindle the hope and spirit of "Together We Can" as a theme for recovery in Narcotics Anonymous.

Outreach subcommittees work to provide growth and unity by bringing a variety of groups or meetings into contact with the service structure, allowing new and existing elements of the fellowship to benefit from shared experience. Funding comes from the service committee to which they are responsible. In some places, outreach effort are a regional activity. Elsewhere, area subcommittees provide these services directly with a regional subcommittee serving as a forum or coordinating body. It is important to emphasis that the mission of outreach activities are to assist groups to become self- sustaining, and not to enforce a uniform understanding of traditions, foster dependency nor to simply start new groups. Successful outreach committees have learned to avoid creating an additional level of structure bureaucracy or barrier to the direct communication between new, emerging, or isolated groups and the rest of the fellowship and service structure.

At the 2012 United States Service Conference meeting, the USSC Outreach Subcommittee was created to provide a resource to outreach subcommittees in their efforts to develop and sustain NA groups and to encourage their involvement in NA service. USSC Outreach works closely with the United States Fellowship to assist in the formation of new outreach subcommittees, compile and distribute resource information, and coordinate an outreach network for communication. To register your outreach committee or receive outreach bulletins and resource information, please contact the USSC Outreach Subcommittee, c/o the USSC office, P.O Box 8378 Rockford, IL 61126.

NA Outreach Service Bulletin #2

OUTREACH WORKSHOP PRESENTATION GUIDE

Introduction

This bulletin is offered as a guide for use by any member of NA to present an educational workshop on outreach. Feel free to use the material as presented here or improvise in whatever way suits the needs or circumstances in your location. We recommend using several different presenters, one for each subtopic. Some presentations of this material have questions and answers with each topic, and some wait until the sharing session of the workshops. The information in this bulletin is drawn from many sources and may be tailored to suit any audience.

Workshops of this type are an excellent way to introduce members to what outreach is, what it does, what it is not, and how outreach is accomplished. When conducting service workshops or learning days, efforts should be made to present an overview of NA services that is easily understood and not intimidating. The goal should be to show how members can participate and the benefits of doing so. Workshop presenters are encouraged to contact the USSC for additional information and assistance. Establishing this communication early will be of great benefit to anyone interested in the topic. Information contained in our bulletin, "What is Outreach," will also be extremely helpful in conducting an outreach workshop.

General Workshop Topics:

The Idea of Outreach
Between the "I"s
Three types of Outreach
Functions of Outreach
Outreach to NA Groups
What Outreach Is Not
Available Resources Forum/Sharing Session

The Idea of Outreach

The intent of outreach is simply to insure that any group, meeting, or addict who wishes can be linked to our service structure, receive services and participate in the NA service structure.

Some form of "outreach" exists in virtually every emerging NA community. Usually this takes the form of one or a few members with the energy to get together and travel long distances to provide support to an isolated group or institutional meeting. During the 1980's some of these spontaneous efforts pulled together and subcommittees were formed in some locations. Often, they received enthusiastic support to help improve communication, plan related activities for isolated group members, and provide direct support to isolated groups or institutional meetings. As new subcommittee members were trained, committee continuity and consistency resulted in more groups becoming involved and linked to the fellowship. Today's outreach committees draw much of their experience from these earlier efforts and continue to rely on the principle of one group of addicts helping another. It is one way our fellowship has been able to spread from city to city and country

to country. The emergence of formalized outreach committees has made possible a more systematic approach to providing these services.

Currently, some Narcotics Anonymous outreach committees exist at every level of service. Although their activities vary widely, they seem to share a few common goals. First, outreach committees assist NA groups to solve problems that may impede the group's growth and may even threaten the group's survival. These committees also help groups to enhance their ability to carry a message of recovery through greater knowledge of and exposure to the NA service structure. Finally, outreach committees help NA groups to overcome the pitfalls of isolation by encouraging increased contact with the fellowship as a whole.

The focus of outreach is within NA. From long distance travel to correspondence to getting GSRs to show up at the ASC to registering groups -- all this is within the realm of outreach

Between the "I" s

NA outreach service is designed to complement other services, not to duplicate them. Outreach subcommittees are formed because they fill a need. Outreach service efforts can assist a broad range of isolated and institutional groups and members that sometimes fall outside the scope of NA's H&I and Pl service. For example, our public information committees work with those outside NA, helping them to know what we offer to addicts seeking recovery. Our Hospitals and Institutions committees conduct panels in facilities where NA is not available otherwise, helping addicts directly to find recovery. As a result of our Pl and H&l efforts, professionals, facility staff, inmates, or patients often start an NA meeting in an institution, and it can easily become isolated from services and communication with NA as a whole. To these struggling groups and isolated member, it is often outreach that rekindles the hope that "together we can."

Three Types of Outreach

For discussion purposes, we can describe three general categories of outreach service; extended, community, and institutional. Where geographical, language and cultural barriers are involved, we find extended outreach. In extended outreach the focus is on communication to help bring isolated members together or in touch with "the rest" of NA. Institutional outreach services often take the form of physical support, correspondence, newsletters, and literature mailings to NA members and groups in a facility where access is limited. Community outreach occurs in countryside, suburban and metropolitan settings where NA already exists and some form of service structure has been developed to serve local needs. The focus in a community setting is on participation; assisting groups in need of support, getting GSRs to area meetings, and registering groups.

Around our fellowship there are many examples of each of the three main types of outreach. Contact information and some resource material from many of these locations can be obtained from the USSC Outreach Subcommittee.

Functions of Outreach Subcommittees

In some places outreach services are conducted at the regional or national level. Elsewhere, area subcommittees do the actual work, with a regional subcommittee serving to coordinate, train, and provide a problem solving forum. Regardless of the structure, each outreach subcommittee appears to perform tasks directly related to the needs of their

service territory and the resources available. Following is a list of some of the functions different outreach subcommittees are performing. Few committees provide all these services, but many of them are functions of most outreach subcommittees.

- Provide a direct line of communication to isolated members and groups, in and out of institutions.
- Presents or take part in activities designed to bring isolated members and groups together with each other and the NA community.
- Conduct workshops on group level service, provide orientation sessions for GSRs, and develop GSR information packets.
- Facilitating, encouraging and improving GSR attendance at area meetings.
- Assisting groups in need of support and group trusted servants.
- Helping to register groups with service committees and the USSC.
- Compiling or advising in the compilation of meeting schedules.
- Developing or maintaining an informative map of service boundaries.
- * Encouraging members to be involved in NA service
- Helping members and groups to learn about ordering literature and receiving NA publications.
- Facilitating the development and availability of simplified service materials.
- Help groups to provide for members with additional needs.

Outreach to NA Groups

To the greatest extent possible we work in teams, not alone. Two or more people visiting a struggling group can offer support during the meeting, provide information and offer suggestions in conversation with group trusted servants. Answering questions about the purpose and functions of the area and its subcommittees are often beneficial during these visits.

Assisting new groups to obtain starter materials and register with their service committees and the USSC helps them to establish communication with other NA groups in their area or region. In some places, outreach subcommittees provide a "wake-up" call a couple of days prior to the ASC to groups that haven't attended in a while. Another service often performed by area outreach subcommittees is to provide brief training and orientation sessions for new GSRs, often done in a quick seminar format 30 minutes before an ASC meeting. The improved participation and communication that results from GSRs that know their job and how their committee works; usually helps build area unity and stability.

What Outreach Is Not

It is important to remember that the focus of outreach activities is to assist groups to sustain themselves. Outreach is not intended to be a committee that starts new meetings. For outreach committee members to become tied down supporting one meeting every week would be unfair to the area and a disservice to the group. Committee members can assist the NA members who start meetings by temporarily attending, education, starter kits, announcements, and registration. Successful outreach committees have avoided creating a

structure that fosters dependency or sets up an additional barrier to groups having direct contact with the rest of the fellowship's service structure.

It is important for outreach members not to 'judge' groups in how they conduct their meetings. Outreach has sometimes, mistakenly, been perceived as an NA "police department" that presents groups with citations for traditions violations, or a "swat team" that attends meetings for the purpose of telling a group what to do. Outreach committees need to remain clear that they are trying to help the group and their mission is not to promote of enforce uniform understandings of traditions, service concepts or proper NA language. Committee members so inclined should be encouraged to trust that isolated group members will develop their own understanding of NA's principles through increased contact with NA as a whole.

Another pitfall to avoid is identifying with any political factions. Outreach is about group service and must avoid being perceived as taking sides in local controversies. It is important in outreach visits to respect each group's autonomy. The integrity of the outreach subcommittee depends on its ability to provide unbiased, accurate information and then step aside and let the group decide. This is particularly true when an area grows to a point where dividing into more than one area is being considered. The role of outreach in this situation is simply to strengthen groups and develop ASC unity. Outreach should support whatever process the ASC chooses to guide its future and encourage the groups to make their own choices on issues.

For these reasons, outreach subcommittees usually spend significant time discussing how to introduce themselves and clarify their function so as to avoid leaving any group feeling threatened. Outreach may visit, offer suggestions, gather information and even make recommendations. It is the responsibility of the local NA members, groups, and the service committee to address issues.

Available Resources

Outreach subcommittees have many resources to draw upon and use in their efforts. Following is a short list of available resources:

Local service committees

Group Booklet
Group Information Pamphlet (IP #2)
Group Treasurers Handbook
Outreach Bulletins (list available from USSC)
USSC Outreach Subcommittee

Open Forum/Sharing Session

The floor should be opened to answer any questions and encourage discussion about outreach. This is also a good time to elaborate on any topics of interest and encourage participants to share about the personal rewards of outreach service.

NA Outreach Service Bulletin #4

How to be a GSR

Why have a GSR?

Just as "an addict alone is in bad company", the NA group that does not participate in the service structure will most likely struggle without the spiritual support that the ASC has to offer. The participation of the Group Service Representative (GSR) and the GSR-Alternate at the Area Service Committee (ASC) meeting can make a big difference in the chances of a group's survival.

Shared experiences and services are key to helping the group carry the message. Your GSR is the bearer of that experience and service. As long as each group carries out its responsibilities by being an active part of the local area, by choosing a GSR and supporting the service structure, the area will sustain itself and provide services to the addict that a group cannot provide on its own.

Some of the services offered by an ASC may include: operating a phone line, providing literature distribution, speaking to the public about NA, reaching out to addicts in isolation and in institutions, printing a newsletter, and organizing functions such as workshops and unity activities. These services vary from area to area. Your GSR is your group's voice in how these services are delivered.

Some isolated groups may belong to areas that hold their ASC meetings a long distance away. If your group is in this situation, contact your ASC for possible solutions so that your representative can fully participate. Some suggestions include, but are not limited to, travel subsidization, proxy (mail in) votes on issues sent back to all groups, and hosting an ASC meeting closer to your home group location.

In some cases GSRs from groups isolated in institutions have a hard time participating in their ASC meetings. Some of the ways GSRs in institutions can participate are as follows:

- * Members from the outside may get clearance to attend a meeting in an institution, make that their home group, and carry the group's conscience to the ASC.
- Member(s) from within the institutions may get clearance to attend the ASC.
- On occasion, the ASC may actually be held within the institution
- Conscience may be carried by proxy vote as mentioned above.

These examples are being utilized today, but your solution needs to fit your situation and facility.

Who should be the GSR?

Next to the individual member, our groups are the most important unit of the service structure. They have been established to fulfill our primary purpose by carrying the message through holding recovery meetings. The position of GSR is vital to the stability and unity of that service unit.

GSRs act as a resource to home group members by being well informed about most aspects of service in NA and by helping to guide members into the different branches of service available in which all may participate. There is always much service work to be accomplished in a local area. GSR who shares the group's enthusiasm and knowledge can help by getting other members involved in the type of service they will enjoy.

The information pamphlet, *The Group*, suggests that a GSR have the following qualifications.

- * The willingness and desire to serve.
- * A history of recovery in NA (suggested minimum of one year clean time).
- An understanding and working knowledge of the Twelve Steps and Twelve Traditions of NA.
- * Active participation in the group they are to serve.

A GSR-Alternate should have the same qualifications as a GSR except for the suggestion of six months continuous abstinence. The GSR and the GSR-Alt. is each elected at the home group business meeting for a one-year term. The position of GSR-Alt. provides the group with a member who is training to be a GSR. The GSR-Alt. is expected to stand for the position of GSR at the end of their term. In some groups, the suggested clean time is waived according to how new the group is and who is interested in serving. The group may also choose to elect a GSR-Alt. only and allow that person to grow into the position.

The GSR should be chosen carefully, because this person will become the group's link with the rest of NA's service structure. The group places its trust in this person to carry group conscience, and usually the group's donation, to the ASC and to return to the group business meeting with clear, concise, objective reports on ASC activity.

What do we do now?

Once a home group has chosen its GSR and GSR-Alt., it is responsible for providing these members with continued support and guidance so that these trusted servants can carry out their duties in the spirit and atmosphere of recovery. By responsibly choosing a GSR, the group is free to focus on its primary purpose - "to carry the message to the addict who still suffers."

GSRs are "the link that binds the groups together in the performance of our primary purpose." One of the duties of a GSR is to attend the local Area Service Committee (ASC) meetings.

The function of the ASC is to serve the groups that are part of it. In order to do this, the ASC usually meets monthly. The ASC is made up o GSRs and GSR-Alternates from the local groups, subcommittee chairpersons (Outreach, Hospitals and Institutions, Public Information, Literature, etc.), and an administrative committee consisting of a chairperson, vice-chairperson, treasurer, secretary, Regional Committee Member (RCM), and RCM-Alt.

The GSRs of all the groups attending present group reports at the area meeting that may include the following information: group news and activities, group problems/strengths, location/time/format changes, donations to the ASC, group size, and subcommittee sign-up sheets. Many ASCs offer a forum for GSRs to discuss group problems and get feedback from other GSRs who may have faced similar challenges.

The GSR may order literature at the ASC meeting for the group from the area or regional literature stockpiles. Another important function is to verify that the group is listed on the area and regional meeting lists and is registered with the USSC.

In turn, the GSR reports matters dealt with at the ASC back to the group at the monthly business meeting. Such matters may include: other group news; elections/vacancies; subcommittee activities; ASC financial status; subcommittee sign-up sheets; area activities, workshops, conventions, camp-outs, retreats, etc.; regional and world level service information; business items referred to the group's monthly business meeting for group conscience; and shared solution to group problems.

How to be an effective GSR

In order to fulfill their duties, it is suggested that the GSR share the responsibilities with the GSR-Alt. (who acts as the GSR in their absence). It is suggested that the GSR possess the necessary service materials, including handbooks, guidelines, and area policies. Some of these items can be purchased from the area or regional literature stockpiles, while others are made available to all area level trusted servants at no charge. GSRs are encouraged to ask questions of other ASC members, past and present, to gain shared experiences.

It is suggested that GSRs become involved in other aspects of area service by participating on a subcommittee. Information about these subcommittees can be accessed from the subcommittee chairperson or other subcommittee member, as well as from the handbooks and by attending subcommittees meetings and activities.

While attending the ASC meeting, the GSR should remember that he or she is representing the group. Attending the entire ASC meeting, listening, taking plenty of notes, and voting with the group's conscience in mind (not personal opinion) are of utmost importance. The GSR should remember that their group may have no other way to get the information that is passed along at the ASC meeting. An ineffective GSR could keep a group in isolation; on the other hand, an attentive, objective GSR can help the group stay well-informed and thrive.

When reporting back to the home group, the GSR should cover all the information necessary in a brief, clear, and enthusiastic manner. Caution should be exercised not to offer an opinion unless asked to do so by the group. Some GSRs choose to make all information available in written format, only bringing up for discussion in the business meeting those issues that the ASC has asked be discussed in groups. However a GSR chooses to report, making sure that all group members have access to as much information as possible will go a long way toward promoting unity.

Available resources

Narcotics Anonymous has the following publications available for further information about GSRs.

IP #2 -- The Group
The Group Booklet
NA Basic Text
It Works: How and Why
The Group Starter Kit

The Twelve Concepts of NA Service